

# Making a Referral to Counseling Services

## Washington University - Medical Campus

Student Health Counseling Service offers a variety of free services for students including individual and couples' therapy, group counseling, psychiatry services, crisis counseling, and assistance with connecting to providers in the community.

### Non-urgent situations

- Students can contact Student Health Counseling Service: (314) 362-2404, [Studenthealthservice@wusm.wustl.edu](mailto:Studenthealthservice@wusm.wustl.edu)
- Find answers to common questions about counseling services: <https://wusmhealth.wustl.edu/students/mental-health-information/counseling/>



### Urgent situations

**For immediate concerns about the safety of the student or others.** Stay with the student if you can and feel safe doing so, but do not attempt to subdue or contain them.

- **M-F 8am-4pm:** Call Student Health (314) 362-3523 and ask to speak to one of the psychologists on staff. If not available, ask to speak to a nurse.
- **After hours, weekends, or if they refuse assistance:** Call Protective Services at (314) 362-4357.
- **If they are off-campus:** Call 911 or have them go to the nearest emergency room.